



Coastrek Sydney 2026 - 20km Event

ROUTE INFORMATION

plotaroute.com

ROUTE LENGTH 18.744 km

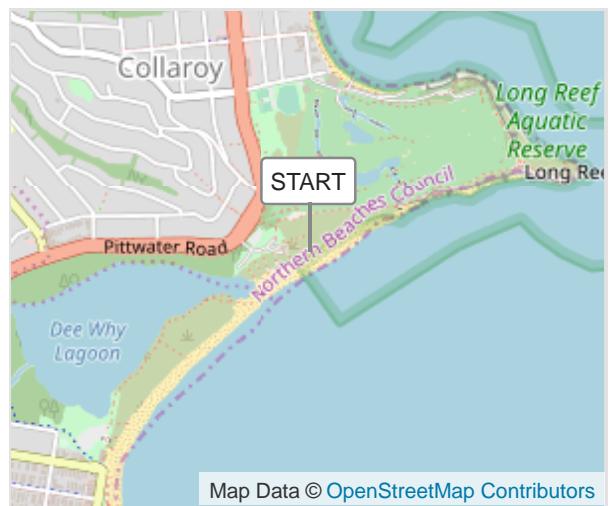
ASCENT 338 m

DESCENT 334 m

HILLS **↑ 42.8% | ↓ 42.3% | ➔ 14.9%**

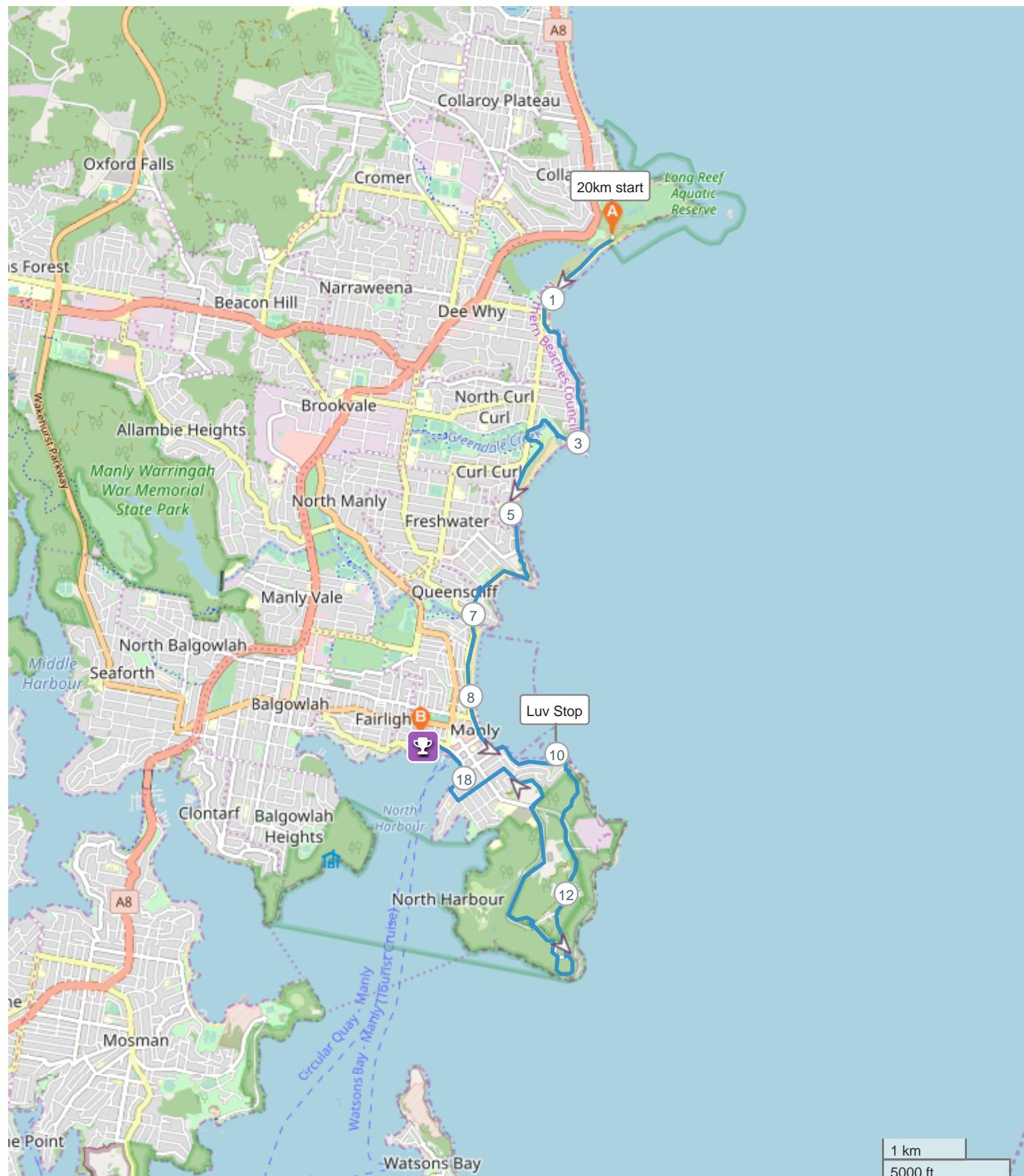
TERRAIN Mixed

START **LAT: -33.745218, LNG: 151.305744**



NOTES

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Map Data © OpenStreetMap Contributors



ROUTE DIRECTIONS

| No | Km | Turn | Directions |
|----|--------|------|---|
| 1 | 1.237 | | Turn left - Turn left along the concourse at Ted Jackson Reserve towards the Luv Stop |
| 2 | 1.335 | ↖ | Exit Dee Why beach & walk along the path towards Dee Why pool |
| 3 | 1.563 | ↗ | Turn right up the stairs after the public toilets and turn right again to follow the coastal footpath |
| 4 | 1.719 | | Turn left onto the bush track around the headland, keeping to the track around the outer edge |
| 5 | 2.733 | ↖ | Keep left onto Cobbers Way |
| 6 | 3.004 | ↘ | Turn sharp right onto Cobbers Way |
| 7 | 3.245 | ↖ | Take the path down to the lagoon |
| 8 | 3.284 | | Follow the track alongside the lagoon |
| 9 | 3.791 | ← | Turn left & walk over Griffin Rd bridge |
| 10 | 3.889 | ← | Turn left to follow the path into the park |
| 11 | 4.108 | | Continue along the path along Curl Curl beach |
| 12 | 5.059 | ↗ | Turn right |
| 13 | 5.622 | | At the end of the coastal pathway turn right up the stairs |
| 14 | 5.637 | ↖ | Turn left at Lumsdaine Dr, keeping to the footpath |
| 15 | 5.752 | ↖ | Continue on the footpath around the Mackillop carpark |
| 16 | 5.977 | ↗ | Follow footpath to the toilet block and take the stairs to the left towards Freshwater Beach |
| 17 | 6.190 | | Turn left to walk along Freshwater Beach |
| 18 | 6.535 | ↖ | Exit Freshwater beach at the Southern end, via the windy ramp/stairs to Bridge Rd |
| 19 | 6.763 | | Continue straight on Bridge Rd, over to the Queenscliff lagoon |
| 20 | 7.091 | | Continue on the path following along beach |
| 21 | 8.773 | ↖ | Keep left past Manly SLSC, to follow the coastal path towards Shelly Beach |
| 22 | 9.593 | ↘ | Turn sharp right |
| 23 | 9.684 | ↖ | Turn slight left onto Bower Street |
| 24 | 9.706 | ↖ | Turn left and follow the path around Shelly Beach Reserve |
| 25 | 10.212 | ← | Turn left onto Blue Fish Track |
| 26 | 10.391 | ↗ | Turn right onto Blue Fish Track |
| 27 | 10.494 | | Pass through the hole in the sandstone wall, watch your head! Continue on the windy bush path |
| 28 | 10.512 | ↓ | Turn right onto Blue Fish Track |
| 29 | 11.077 | ↖ | Cross Bluefish Dr to the other side, then turn left to follow the path that travels alongside Bluefish Dr |
| 30 | 11.194 | | Keep right to continue on the bush path (don't follow Bluefish Dr here, it veers off course!) |
| 31 | 11.338 | | Continue straight at Gunner Rd |

| No | Km | Turn | Directions |
|----|--------|------|---|
| 32 | 11.431 | ↗ | Keep right onto the Avenue of Honour |
| 33 | 12.173 | | At the fork, keep left to continue on the Avenue of Honour |
| 34 | 12.304 | ↖ | At the next fork, veer left to continue on the Avenue of Honour |
| 35 | 12.383 | | FUN FACT: this cobblestone avenue was created as a memorial to local soldiers killed in the First World War |
| 36 | 12.658 | ↖ | Turn left to follow the North Head Scenic Drive |
| 37 | 12.840 | ↖ | Turn left onto Fairfax Walking Track |
| 38 | 13.431 | ↖ | Exit the Fairfax Track & walk towards North Head Scenic Dr |
| 39 | 13.725 | ↖ | Turn left onto North Head Scenic Dr |
| 40 | 14.040 | ↘ | Cross over the pedestrian crossing & turn sharp right onto North Fort Road |
| 41 | 14.063 | ↖ | Turn sharp left onto the bush track |
| 42 | 14.160 | ↖ | Turn left onto the trail |
| 43 | 15.001 | ↗ | Keep right towards St Barbaras Ave |
| 44 | 15.304 | ↖ | Turn left onto North Fort Road |
| 45 | 15.523 | ↗ | Turn slight right onto North Head Scenic Drive |
| 46 | 16.018 | ↖ | Turn right onto Bluefish Dr, then sharp left onto the trail |
| 47 | 16.226 | ↘ | Turn left through the wall & gate towards St Patrick's |
| 48 | 16.664 | ↗ | Turn right down the stairs |
| 49 | 16.776 | ↖ | Turn left onto Montpelier Place |
| 50 | 16.795 | ↗ | Turn right onto Reddall Street |
| 51 | 16.952 | ↖ | Turn left onto Addison Rd |
| 52 | 17.608 | ↗ | Turn right onto Stuart St |
| 53 | 17.773 | ↗ | Turn right onto East Esplanade |
| 54 | 17.821 | | Keep left to follow the path down towards Manly Cove past the Manly Yacht Club |
| 55 | 18.018 | | Follow the Manly Cove foreshore past Manly Wharf |
| 56 | 18.706 | ↖ | Turn left |
| 57 | 18.744 | |  Finish Village - woohoo! |