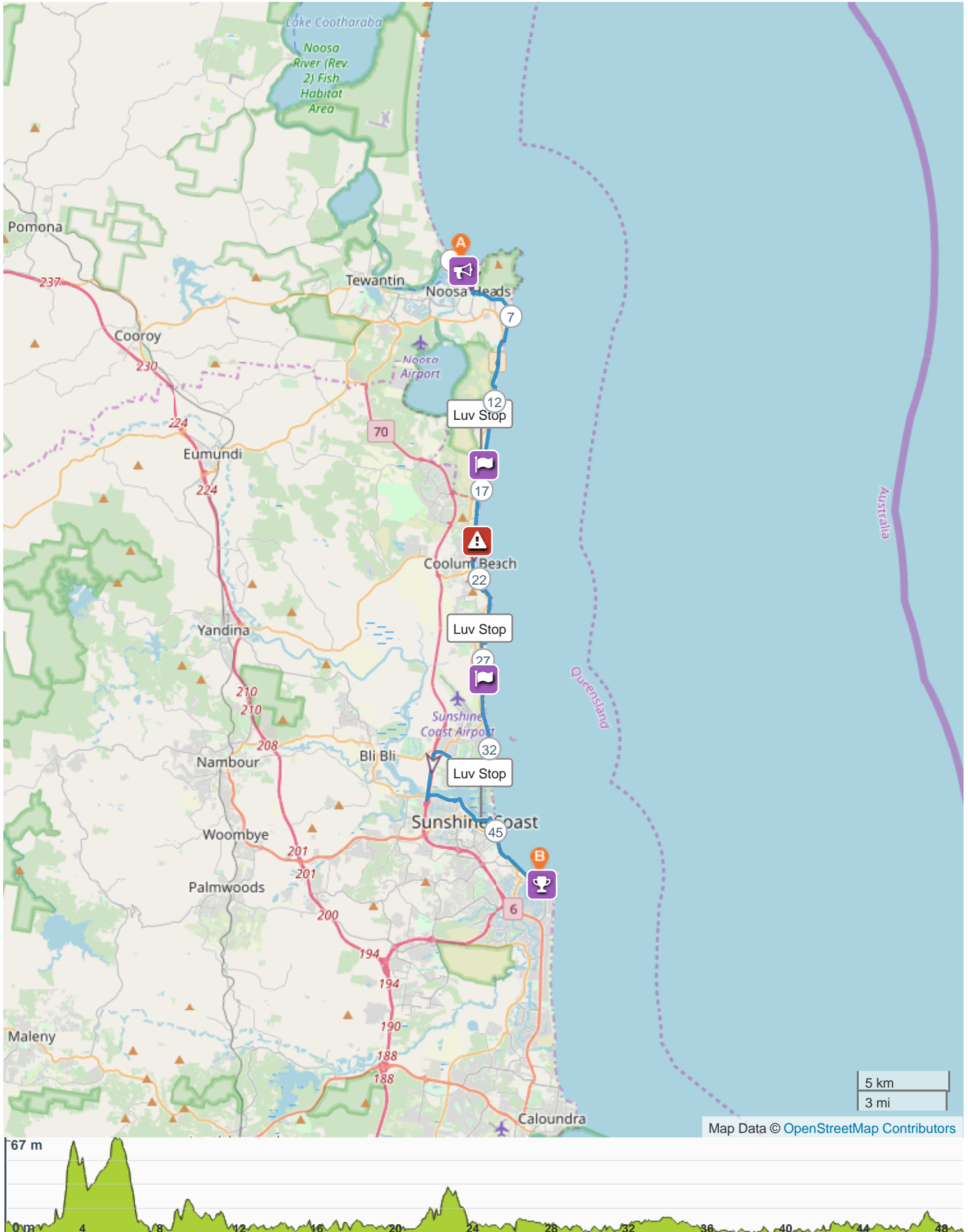







Coastrek Sunshine Coast 2026 - 50km Event



ROUTE DIRECTIONS

No	Km	Turn	Directions
1	0.000		 50km start, Woohoo!
2	0.118		Follow the trail through Noosa Spit Recreation Reserve
3	0.803	←	Turn left onto Claude Batten Drive
4	1.019		Continue straight towards the beach
5	1.127	→	Turn right & walk along Noosa Beach - enjoy the views!
6	2.090		Follow the Noosa main beach boardwalk, past the SLSC
7	2.541	↘	Turn right onto Park Road
8	2.615	→	Cross over Hastings Street & turn right to follow Hastings Street to the roundabout
9	2.743	←	Turn left onto Noosa Drive
10	2.895		Cross over Halse Lane & continue straight, up the stairs into the bush
11	3.356	↗	Continue straight along Atunga Av. Please stay to the side of the road.
12	3.607	→	Turn right on Viewland Drive, then cross over to turn onto Nairana Rest
13	3.941	↗	Turn right onto Berrima Row. Please stay to the side of the road.
14	4.147	←	Turn left to follow the path along Sunshine Beach Road
15	5.291	↖	Turn left onto Solway Drive & follow onto Byran Street
16	6.479	←	Cross over Duke Street towards Ed Webb Park & Sunshine Beach SLSC
17	6.651		Enter the beach via Beach Access 33 & turn right onto Sunshine Beach heading south.
18	8.468	↗	Exit the beach via Beach Access 38, then turn left to follow the path along David Low Way
19	8.989	↖	Veer left to follow the path on the beach side of David Low Way
20	11.164	←	Turn left to head down to Marcus Beach
21	11.287	→	Turn right & head South on Marcus Beach towards Peregian
22	15.450	→	Exit the Beach just after the Peregian Beach Lifeguard tower
23	15.529	↖	 Woohoo! You've reached the Luv Stop at Peregian Beach. Grab a snack, take a short rest, fill up your hydration bottles. You are at the 15.5km mark!
24	15.573	←	Exit the Luv Stop, back onto the beach heading south
25	19.772		 Continue past Stumers creek. CAUTION: Potential shoes off zone! Or put plastic bags on your feet and dance on through!
26	21.224		Continue on the path in front of the Coolum SLSC
27	21.303	←	Turn left to follow the coastal pathway
28	21.760	↖	Veer left towards the Wilkinson Park carpark, Point Perry.
29	22.025	↓	Turn left back onto the coastal pathway
30	22.712	↖	Turn left onto the Foreshore Trail

No	Km	Turn	Directions
31	23.611	←	At the carpark at Point Arkwright, follow the path onto the beach
32	23.709		Continue on the beach.
33	26.081	→	Exit the beach at Beach Access 95
34	26.233	←	Turn left onto the Coastal Pathway
35	27.878		Follow the path around Marcoola SLSC
36	28.094		Woohoo! You've reached the Luv Stop at Marcoola! Take a break, grab a snack, drink, some water and rest those feet! 20km to go!
37	28.109	→	Exit the Luv Stop and enjoy a walk along Marcoola Beach heading south towards Mudjimba
38	31.443	↗	Exit the beach and walk up to Mudjimba SLSC
39	31.577		Continue straight walking through Power Memorial Park and then onto the Coastal Pathway.
40	31.723	←	Turn left onto Coastal Pathway (Mudjimba Beach - Cotton Tree)
41	31.729		Follow the Coastal Pathway (Mudjimba Beach - Cotton Tree) all the way along Ocean Drive
42	36.476	↖	Turn left onto David Low Way
43	36.888		Turn left to follow the Sunshine Motorway.
44	39.093		Enjoy the views from the bridge and the Maroochy River!
45	39.529	↙	Turn left to continue on the Coastal Pathway U-Turn down towards the Maroochy River.
46	39.706	→	Turn right on Bradman Avenue towards the pedestrian lights.
47	39.785	↖	Cross over Bradman Avenue - adhere to the pedestrian lights.
48	39.814	→	Turn right onto the Bradman Avenue Foreshore
49	39.922	↗	Turn slight right onto Bradman Avenue Foreshore
50	41.403	↗	Follow the pathway over the Ken Neil Bridge
51	41.535	→	Turn right and head towards the water to join the Coastal Pathway (Mudjimba Beach - Cotton Tree)
52	41.579	↘	Turn sharp right onto Coastal Pathway (Mudjimba Beach - Cotton Tree)
53	42.045	→	Turn right onto Coastal Pathway (Mudjimba Beach - Cotton Tree)
54	43.314	←	Turn left onto Coastal Pathway (Mudjimba Beach - Cotton Tree)
55	43.902		Turn right towards Cotton Tree Parade.
56	44.054	↖	Turn left to follow Cotton Tree Parade
57	44.061	↖	Turn slight left onto Coastal Pathway (Cotton Tree - Mooloolaba Beach)
58	44.317	↗	Turn right & follow the Coastal Pathway (Cotton Tree- Mooloolaba Beach)
59	44.712	←	Turn left to walk around the Maroochy carpark
60	44.771		Head onto the beach at the Maroochy SLSC, enjoy Maroochydhore Beach heading towards Alexandra Headland

No	Km	Turn	Directions
61	46.028		Exit the beach at Beach Access 156 at Buhk Family Park
62	46.662	↖	Keep left to follow the trail towards Mooloolaba
63	46.819		Keep left onto Beach Access 166
64	47.095	←	Stay left on the trail
65	47.717		Keep left
66	47.970	↙	Turn left towards Mooloolaba beach via Beach Access 173
67	49.097		Exit the beach at Beach Access 192
68	49.125		 Woohoo! You've made it to the finish village.