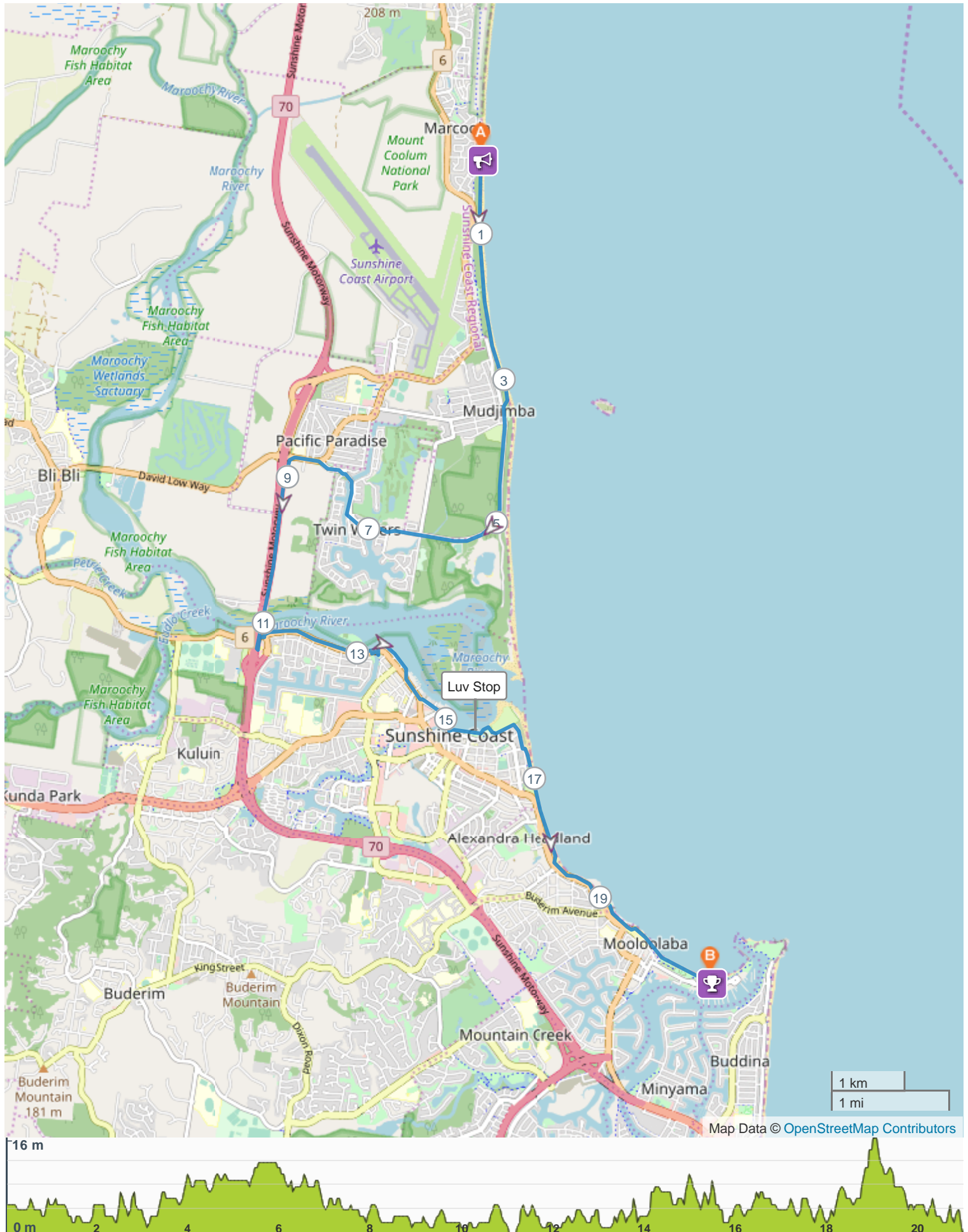




# Coastrek Sunshine Coast 2026 - 20km Event



## ROUTE DIRECTIONS

No	Km	Turn	Directions
1	0.000		 Woohoo! 20km start line
2	0.034		Enjoy the beautiful beaches of the Sunshine Coast starting with Marcoola beach continuing onto Yaroomba Beach then Mudjimba Beach.
3	3.315	↗	Exit the beach and walk up to Mudjimba SLSC
4	3.449		Continue straight walking through Power Memorial Park and then onto the Coastal Pathway.
5	3.595	←	Turn left onto Coastal Pathway (Mudjimba Beach - Cotton Tree)
6	3.601		Follow the Coastal Pathway (Mudjimba Beach - Cotton Tree) all the way along Ocean Drive
7	8.348	↖	Turn left onto David Low Way
8	8.760		Turn left to follow the Sunshine Motorway.
9	10.964		Enjoy the views from the bridge and the Maroochy River!
10	11.401	↙	Turn left to continue on the Coastal Pathway U-Turn down towards the Maroochy River.
11	11.578	→	Turn right on Bradman Avenue towards the pedestrian lights.
12	11.657	↖	Cross over Bradman Avenue - adhere to the pedestrian lights.
13	11.686	→	Turn right onto the Bradman Avenue Foreshore
14	11.794	↗	Turn slight right onto Bradman Avenue Foreshore
15	13.275	↗	Follow the pathway over the Ken Neil Bridge
16	13.407	→	Turn right and head towards the water to join the Coastal Pathway (Mudjimba Beach - Cotton Tree)
17	13.450	↘	Turn sharp right onto Coastal Pathway (Mudjimba Beach - Cotton Tree)
18	13.917	→	Turn right onto Coastal Pathway (Mudjimba Beach - Cotton Tree)
19	15.186	←	Turn left onto Coastal Pathway (Mudjimba Beach - Cotton Tree)
20	15.774		Turn right towards Cotton Tree Parade.
21	15.926	↖	Turn left to follow Cotton Tree Parade
22	15.933	↖	Turn slight left onto Coastal Pathway (Cotton Tree - Mooloolaba Beach)
23	16.189	↗	Turn right & follow the Coastal Pathway (Cotton Tree- Mooloolaba Beach)
24	16.584	←	Turn left to walk around the Maroochy carpark
25	16.643		Head onto the beach at the Maroochy SLSC, enjoy Maroochydore Beach heading towards Alexandra Headland
26	17.900		Exit the beach at Beach Access 156 at Buhk Family Park
27	18.534	↖	Keep left to follow the trail towards Mooloolaba
28	18.691		Keep left onto Beach Access 166
29	18.966	←	Stay left on the trail
30	19.589		Keep left

No	Km	Turn	Directions
31	19.842	↗	Turn left towards Mooloolaba beach via Beach Access 173
32	20.969		Exit the beach at Beach Access 192
33	20.996		 Woohoo! You've made it to the finish village.