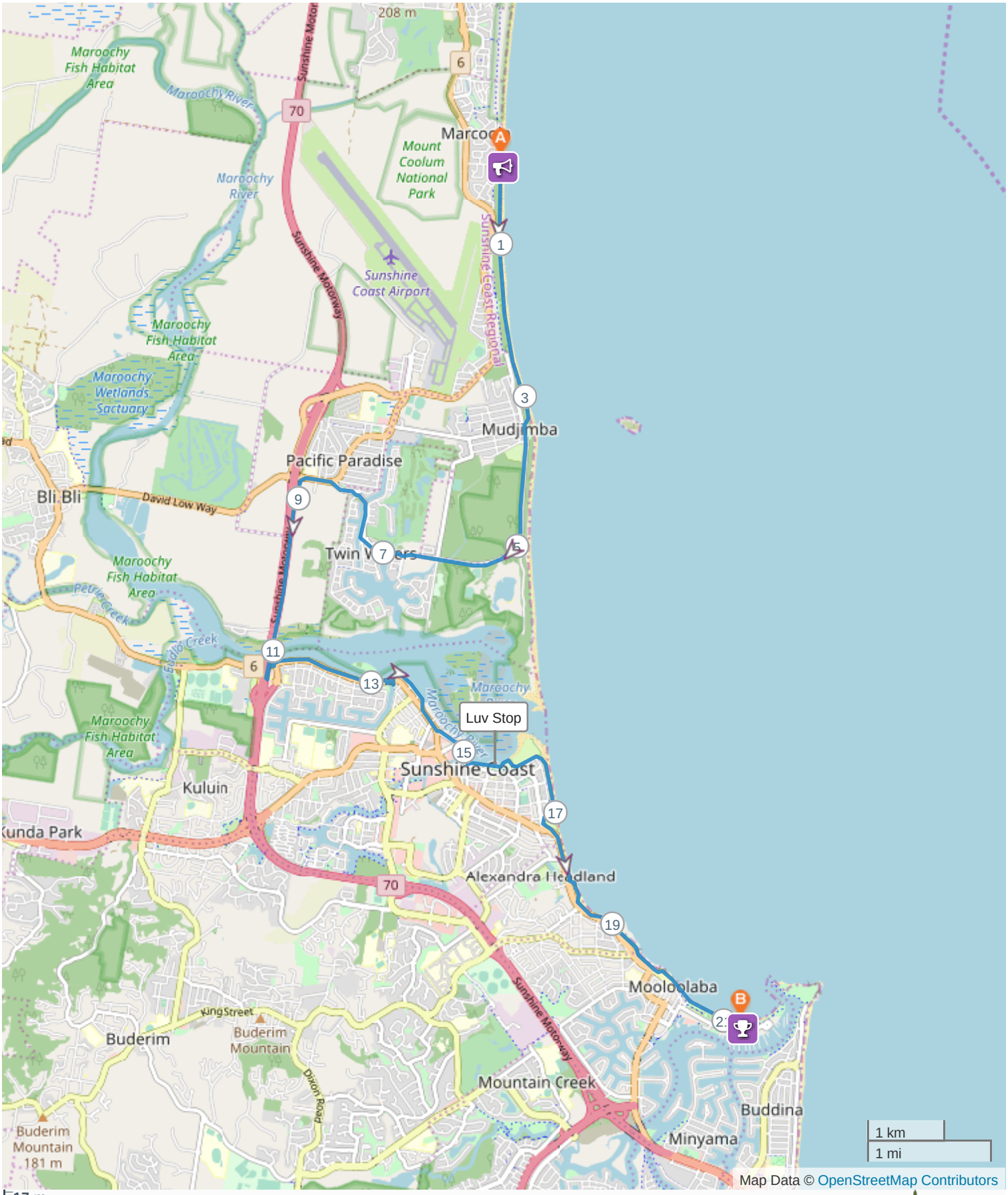
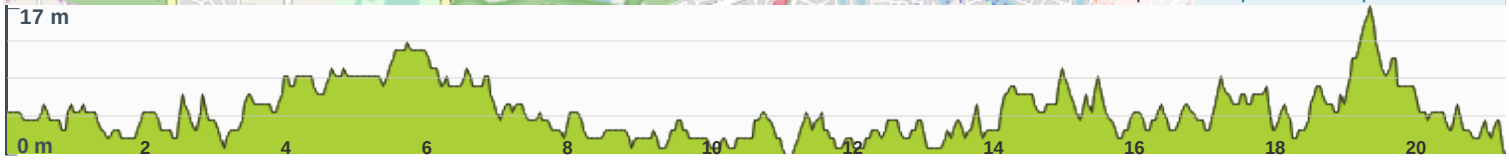
Coastrek Sunshine Coast 2026 - 20km Event





ROUTE DIRECTIONS

No	Km	Turn	Directions
1	0.000		 Woohoo! 20km start line
2	0.034		Enjoy the beautiful beaches of the Sunshine Coast starting with Marcoola beach continuing onto Yaroomba Beach then Mudjimba Beach.
3	3.315	↗	Exit the beach and walk up to Mudjimba SLSC
4	3.449		Continue straight walking through Power Memorial Park and then onto the Coastal Pathway.
5	3.595	←	Turn left onto Coastal Pathway (Mudjimba Beach - Cotton Tree)
6	3.601		Follow the Coastal Pathway (Mudjimba Beach - Cotton Tree) all the way along Ocean Drive
7	8.348	↖	Turn left onto David Low Way
8	8.760		Turn left to follow the Sunshine Motorway.
9	10.964		Enjoy the views from the bridge and the Maroochy River!
10	11.401	↙	Turn left to continue on the Coastal Pathway U-Turn down towards the Maroochy River.
11	11.578	→	Turn right on Bradman Avenue towards the pedestrian lights.
12	11.657	↖	Cross over Bradman Avenue - adhere to the pedestrian lights.
13	11.686	→	Turn right onto the Bradman Avenue Foreshore
14	11.794	↗	Turn slight right onto Bradman Avenue Foreshore
15	13.275	↗	Follow the pathway over the Ken Neil Bridge
16	13.407	→	Turn right and head towards the water to join the Coastal Pathway (Mudjimba Beach - Cotton Tree)
17	13.450	↘	Turn sharp right onto Coastal Pathway (Mudjimba Beach - Cotton Tree)
18	13.917	→	Turn right onto Coastal Pathway (Mudjimba Beach - Cotton Tree)
19	15.186	←	Turn left onto Coastal Pathway (Mudjimba Beach - Cotton Tree)
20	15.774		Turn right towards Cotton Tree Parade.
21	15.926	↖	Turn left to follow Cotton Tree Parade
22	15.933	↖	Turn slight left onto Coastal Pathway (Cotton Tree - Mooloolaba Beach)
23	16.251	↖	Turn slight left onto Beach Access 141
24	17.046	←	Exit Beach at BA150
25	17.204	↖	Keep left to walk around the Maroochydore Beach Holiday Park
26	17.787	←	Turn left onto Beach Access 154
27	18.162	←	Turn left to walk on the beach side of the Alex SLSC
28	18.802	↖	Keep left to follow the trail towards Mooloolaba
29	18.959		Keep left onto Beach Access 166
30	19.234	←	Stay left on the trail
31	19.856		Keep left

No	Km	Turn	Directions
32	20.110	↗	Turn left towards Mooloolaba beach via Beach Access 173
33	21.236		Exit the beach at Beach Access 192
34	21.264		 Woohoo! You've made it to the finish village.