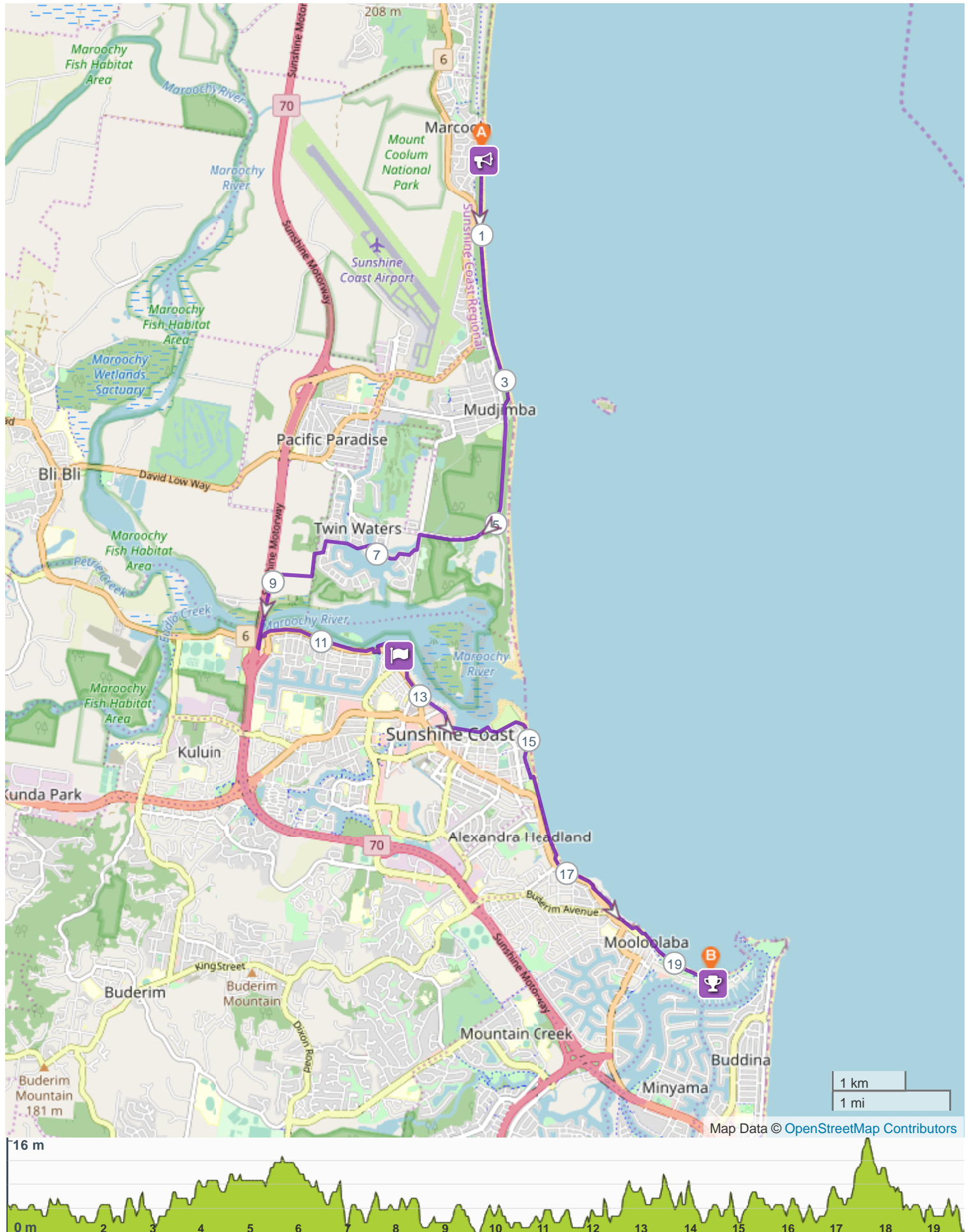



Coastrek Sunshine Coast 2025 - 20km Event



ROUTE DIRECTIONS

No	Km	Turn	Directions
1	0.000		 20km start on Marcoola Beach. Woohoo!
2	0.002		And we're on the sand heading south!
3	3.287	↗	Exit the beach right, towards Mudjimba SLSC
4	3.387		At Mudjimba SLSC, veer left to walk through Power Memorial Park
5	3.435		Carefully cross the Power Memorial Park carpark to continue straight ahead
6	3.502	↗	Veer right towards Mudjimba Esplanade to join the Coastal Pathway
7	3.535	↖	Turn left to follow the Coastal Pathway along Mudjimba Esplanade & Ocean Drive.
8	6.063		At Nojoor rd, continue straight and carefully cross Nojoor Rd. Please follow instructions from the traffic management crew
9	6.096		Turn left onto Nojoor Rd
10	6.296	➔	At Seahorse Dr, continue straight and carefully cross Seahorse Dr
11	6.306	➔	Turn right onto Seahorse Dr
12	6.678	↗	At Baywater Dr, continue straight and carefully cross Baywater Dr
13	6.687	➔	Turn right onto Baywater Dr
14	6.894		After the Baywater Dr footbridge, turn left to follow the path
15	7.119	↩	Turn left over the bridge
16	7.233	↗	Carefully cross Blue Water cct towards Lake View Drive
17	7.265		Continue on the path alongside Lake View Dr
18	7.788	↙	Turn left to follow the path along Stillwater Dr
19	7.950	➔	Turn right, cross over Stillwater Drive onto Sails Court
20	8.027	↖	Turn left & follow the track through the clearing towards Sunshine Motorway
21	8.939		Turn left to follow the Coastal Pathway on the Sunshine Motorway bridge
22	9.947	↙	Turn left and left again (U-turn) to continue on the Coastal pathway towards the water
23	10.126	➔	Turn right at Bradman Ave
24	10.203	↖	Turn left and cross Bradman Ave at the traffic lights
25	10.229	➔	Turn right & follow Bradman Avenue Foreshore
26	11.835	↙	Follow the path in a U-shape to cross Ken Neil Bridge
27	11.954	⬇	Follow the path in a U-shape to join the Coastal pathway
28	12.203		Exit the Luv Stop and continue along the Coastal Pathway & Follow Dupworth Avenue..
29	12.363		 Woohoo! You've reached the Maroochydore Luv Stop! Take a break, grab a snack, drink some water and rest those feet! 8km to go!
30	12.392		Exit the Luv Stop by continuing on the Coastal pathway
31	13.665	↖	Turn left after the bridge to continue on the Coastal Pathway

No	Km	Turn	Directions
32	14.109	↖	Turn left in front of the Cotton Tree Aquatic Centre
33	14.243	↗	Turn right towards Cotton Tree Parade
34	14.396	↖	Turn left to follow the Coastal Pathway along Cotton Tree Parade
35	14.682	↗	Turn right towards Maroochydore beach via BA141
36	14.820		Hit the sand and turn right towards Alex Head
37	15.153	➔	Just after Maroochy Surf Club turn right to exit the beach (we need to come off the sand here to avoid the sand dredging)
38	15.214	↖	Turn left onto Coastal Pathway (Cotton Tree - Mooloolaba Beach)
39	15.498		Continue through Pierce Park
40	15.581	↖	Turn left at BA150 to re-enter the beach
41	15.614	➔	Hit the sand and turn right
42	16.533		Exit the beach at BA156 towards Alexandra Headland SLSC
43	16.648	↖	Follow the path around Alexandra Headland SLSC
44	17.130		Veer left to follow the trail towards Mooloolaba
45	18.191		After passing through the Northern Parklands, veer left to join the Coastal Pathway again
46	18.420	↖	Turn left towards Mooloolaba beach via BA173
47	18.437	↗	Hit the sand and turn right on Mooloolaba beach
48	19.563	↗	Exit Mooloolaba beach via BA192
49	19.611		 Finish at Pirate Ship Park - Woohoo! You did it!